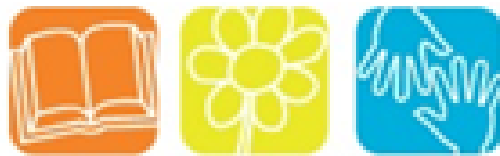


PE
Curriculum
Statement

2024/2025



West Road
PRIMARY ACADEMY

Curriculum Statement - PE

Intent

At West Road we believe that PE is an important part of school life and ultimately children's future well-being. We teach PE to give children the skills and understanding needed to make a positive impact on their own physical health and well-being. In school we ensure that children are physically active for sustained periods of time and give opportunities for them to engage in competitive sports and activities. Throughout their time at West Road, we want children to experience a wide range of sports and activities which will enthuse children and encourage them to understand and want to lead a healthy lifestyle which, in turn, will enhance their fitness and life choices into their adult lives. PE at West Road challenges children and enables them to develop competence to excel in a broad range of physical activities. PE promotes self-esteem through the development of problem solving and resilience.

When planning and teaching within PE, teachers follow the principles of Rosenshine. This involves providing clear models, careful use of questioning and assessment, independent practice and reviewing learning.

Implementation

PE at West Road is taught twice a week. Wherever possible, physical activity is also promoted each day through the use of cross-curricular lessons, the Daily Mile, outdoor learning, break time and lunchtime provision, and clubs, as well as swimming for year 5 pupils.

PE at West Road is taught by both PE specialists (Xcite and Shelley Mellor) and class teachers. Xcite and Shelley Mellor's PE sessions allow for CPD to take place. Teachers work alongside the specialists to team-teach different PE components.

At West Road, the PE curriculum is structured so that it provides a range of sport experiences which children will take part in. They acquire the skills for that sport through carefully sequenced and planned lessons where outcomes are clear.

We teach the National Curriculum, supported by a clear skills progression. Children will assess and evaluate their own and other performances (self and peer assessments) alongside staff observations and liaising with Xcite sports for their judgements. Through continual AFL strategies, children that are not achieving will be given the opportunity to practice and consolidate the skills alongside an adult to ensure they meet National Curriculum requirement.

Children are given the opportunity to use and apply their PE skills through extra-curricular clubs delivered by both Xcite coaches and school staff.

Impact

The aim is that our PE curriculum, at West Road, will have a great impact on our children's ability to lead a healthy, active life for years to come. The children will demonstrate a good attitude towards competition and show respect for other competitors and teams. The values of fairness and respect will be embedded. Children will be able to use and apply their PE skills in different contexts.

Children's voices will also be strong. Children will be able to report that they enjoy PE and will be able to identify ways in which PE at West Road helps them to lead a healthy and active lifestyle. This will be evidenced through floor books, which will include pictures and predominantly pupil voice.