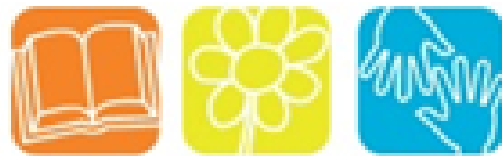


PE
Curriculum
Statement

2022/2023



West Road
PRIMARY ACADEMY

Curriculum Statement - PE

Intent

At West Road we believe that PE is an important part of school life and ultimately children's future well-being. We teach PE to give children the skills and understanding needed to make a positive impact in their own physical health and well-being. Throughout their time at West Road, we want children to experience a wide range sports and activities with will enthuse children and encourage them to want to lead a healthy life-style which will, in turn, enhance their fitness and life choices into their adult lives. PE at West Road challenges children and promotes self-esteem through the development of problem solving and resilience.

Implementation

PE at West Road is taught weekly. Wherever possible, physical activity is also promoted each day through the use of cross-curricular lessons, the Daily Mile, outdoor learning, break time and lunchtime provision, golden time, LS and clubs, as well as swimming for year 5 pupils.

PE at West Road is taught by both PE specialists (Xcite) and class teachers. Xcite PE sessions allow for CPD to take place by observing good practice.

At West Road, the PE curriculum is structured so that it provides a range of sport experiences which children will take part in. They acquire the skills for that sport through carefully sequenced and planned lessons where outcomes are clear.

We teach the National Curriculum, supported by a clear skills progression and track progress through OTrack. We assess using both formative assessments which are on-going and record summative assessment levels termly.

Children are given the opportunity to use and apply their PE skills through extra-curricular clubs delivered by both Xcite coaches and school staff.

Impact

The aim is that our PE curriculum, at West Road, will have a great impact on our children's ability to lead a healthy, active life for years to come. The children will demonstrate a good attitude towards competition and show respect for other competitors and teams. The values of fairness and respect will be embedded. Children will be able to use and apply their PE skills in different contexts.

Children's voice will also be strong. Children will be able to report that they enjoy PE and will be able to identify ways in which PE at West Road helps them to lead a healthy and active lifestyle.