



| | <u>Focus of lessons</u> | | | | | | | | | | | | | | | | | | |
|----------------------|---|--------------|-----------------|--------------|-------------|-----------|-------------|----------------------|--------------------|---------|-------------|-----------|--------------|---------|-----------------|---------|---------------|--------|--|
| 3 | <p>I understand that in animals and humans, lots of changes happen between conception and growing up and that it is usually the female that has the baby</p> <p>I understand how babies live and grow in the mother and the terms uterus and womb.</p> <p>I understand what a baby needs to live and grow</p> <p>I understand that boys' and girls' bodies change so that when they grow up, their bodies can make babies</p> <p>I can start to recognise stereotypical ideas I might have about parenting and family roles</p> <p>Key vocabulary</p> <table style="width: 100%; border: none;"> <tr> <td>Uterus</td> <td>Womb</td> <td>Nutrients</td> <td>Love</td> </tr> <tr> <td>Affection</td> <td>Care</td> <td>Puberty</td> <td>Testicles</td> </tr> <tr> <td>Sperm</td> <td>Penis</td> <td>Ovaries</td> <td>Egg</td> </tr> <tr> <td>Womb</td> <td>Vagina</td> <td></td> <td></td> </tr> </table> | Uterus | Womb | Nutrients | Love | Affection | Care | Puberty | Testicles | Sperm | Penis | Ovaries | Egg | Womb | Vagina | | | | |
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| Womb | Vagina | | | | | | | | | | | | | | | | | | |
| 4 | <p>I understand that some of my personal characteristics have come from my birth parents because I am made from the joining of their egg and sperm</p> <p>I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby</p> <p>I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this</p> <p>I know how the circle of change works and can apply it to changes I want to make in my life</p> <p>I can identify changes that have been and may continue to be outside of my control, that I learnt to accept</p> <p>Vocabulary</p> <table style="width: 100%; border: none;"> <tr> <td>Unique</td> <td>Characteristics</td> <td>Sperm</td> <td>Egg</td> </tr> <tr> <td>Penis</td> <td>Testicles</td> <td>Vagina</td> <td>Womb</td> </tr> <tr> <td>Ovaries</td> <td>Making love</td> <td>Fertilise</td> <td>Reproduction</td> </tr> <tr> <td>Puberty</td> <td>Menstruation</td> <td>Periods</td> <td></td> </tr> </table> | Unique | Characteristics | Sperm | Egg | Penis | Testicles | Vagina | Womb | Ovaries | Making love | Fertilise | Reproduction | Puberty | Menstruation | Periods | | | |
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| Penis | Testicles | Vagina | Womb | | | | | | | | | | | | | | | | |
| Ovaries | Making love | Fertilise | Reproduction | | | | | | | | | | | | | | | | |
| Puberty | Menstruation | Periods | | | | | | | | | | | | | | | | | |
| 5 | <p>I am aware of my own self-image and how my body image fits into that</p> <p>I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally</p> <p>I can describe how boys' and girls' bodies change during puberty</p> <p>I understand that sexual intercourse can lead to conception and that is how babies are usually made</p> <p>I also understand that sometimes people need IVF to help them have a baby</p> <p>I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)</p> <p>Vocabulary</p> <table style="width: 100%; border: none;"> <tr> <td>Puberty</td> <td>Relationships</td> <td>Menstruation</td> <td>Conception</td> <td>Periods</td> <td>Making love</td> </tr> <tr> <td>Sanitary towels/pads</td> <td>Sexual intercourse</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Tampons</td> <td>Fallopian tubes</td> <td>Ovary</td> <td>Fertilisation</td> <td>Vagina</td> <td></td> </tr> </table> | Puberty | Relationships | Menstruation | Conception | Periods | Making love | Sanitary towels/pads | Sexual intercourse | | | | | Tampons | Fallopian tubes | Ovary | Fertilisation | Vagina | |
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RSE Progression and Vocabulary KS2

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| | <p>Pregnancy Womb/uterus Embryo Sperm Umbilical cord Semen Contraception</p> <p>Testicles/teste Fertility treatment Erection</p> <p>Teenager Ejaculation Milestone</p> <p>Wet dream Perceptions Larynx Puberty</p> <p>Facial hair Responsibilities</p> <p>Growth spurt Hormones</p> |
| 6 | <p>I am aware of my own self-image and how my body image fits into that</p> <p>I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally</p> <p>I can ask the questions I need answered about changes during puberty</p> <p>I can describe how a baby develops from conception through the nine months of pregnancy and how it is born</p> <p>I understand how being physically attracted to someone changes the nature of the relationship</p> <p>I can identify what I am looking forward to and what worries me about the transition to secondary school</p> <p>Key vocabulary</p> <p>Self-image Self-esteem Foetus Contractions</p> <p>Grown up Real-self</p> <p>Celebrity Placenta Cervix Attraction</p> <p>Trust Respect Umbilical cord Midwife</p> <p>Relationships Pregnancy Embryo Labour</p> <p>Independence Friends</p> <p>Pubic Hair Voice breaks Menstruation</p> <p>Semen Gowing taller Hips widen</p> <p>Erection Tampon Breasts Hormones</p> <p>Wet dream Ovulation Masturbation</p> <p>Sanitary towel Clitoris Testicles</p> <p>Sperm Underarm hair Penis Feeling moody</p> <p>Vagina Womb Fallopian tube</p> |