

RSE Progression and Vocabulary KS1



Yr	Focus of lessons
1	I am starting to understand the life cycles of animals and humans
	I can tell you some things about me that have changed and some things about me
	that have stayed the same
	I can tell you how my body has changed since I was a baby
	I can identify the parts of the body that make boys different to girls and can use the
	correct names for these.
	I can describe changes that have happened in my life Key vocabulary
	Life cycle Baby Adulthood Mature Change
	Penis Testicles Vagina
	rems restrictes vagina
2	I can recognise cycles of life in nature
	I can tell you about the natural process of growing from young to old
	I can recognise how my body has changed since being a baby and where I am on the
	continuum from young to old
	I can recognise the physical differences between boys and girls
	I understand there are different types of touches and can tell you the ones I like and
	don't like
	Key vocabulary
	Life cycle Male Female Penis
	Testicles Vagina Private Acceptable
	Unacceptable Comfortable