



PE Vocabulary

	Description	Year 1	Year 2	Year 2	Year 1	Year 5	Year 6
Gymnastics	Forwards	place	In front	Flow		Dynamics	
	Backwards	stretch	Speed	Explosive		Combination	
	Sideways	push	Slow	Symmetrical		Contrasting	
	Bench	pull	fast	Asymmetrical		Control	
	Mat	hop	Wide	Combination		Mirroring	
	Table	skip	Shape	Evaluate		Matching	
	Roll	step	Narrow	Improve		Accurately	
	Long	spring	Long	Stretch		Refine	
	Slow	crawl	Land	Refine		Evaluate	
	On	still	Over	Adapt		Display	
	Off	slowly	Jump	Pathway		Asymmetry	
	Stretched	tall	Off	Contrasting		Performance	
	Curled	long	High	Curled		Create	
	Tuck	wide	Low	Stretched		Symmetry	
	Body parts	narrow	Stretch	Suppleness		Refinements	
	Tall	up	Point	Strength		Assessment	
	Small	down	Balance	Inverted		Suppleness	
	Shape	forwards	Twisted	Jump		Strength	
	Hold	high	Curled	Land		Cool down	
	Still	low	Level	Over		Warm up	
	Jump	elbows	Medium	Under		Muscles	
	Hop	bottom	Backwards	90 degrees		Joints	
	Bounce	back	Sideways	180 degrees		Explore	
	Travel	around	Forwards	Leaving		Rotation	
	Copy	through	Zig zag	Approaching		Spin	
		extension	Angular	Balance		Turn	
		roll	Under	Forwards		Shape	
		copy	Through	Backwards		Landing	
		pathway	Behind	Combine		Take-off	
			Transition	Rotation		Flight	



PE Vocabulary

		<p>jump land balance tension curved straight zig-zag shape over hang grip</p>	<p>Copy Smooth Sequence Height</p>	<p>Against Towards Across Evaluate Improve Height Strength Suppleness Stamina Speed Level Wide Tucked Straight Twisted Constructive Points Twist Turn Safety Refine Away</p>	<p>Co-operate Audience Assessment Elements Twist Obstacles Refine Aesthetically Criteria Extension Judgement Tension Inverted Judge Dynamics Combination Canon Counter-tension Counter-balance Criteria Performance Imaginative Parallel Creativity Flight Timing</p>
Dance		<p>Travel Stillness Direction Space</p>	<p>Travel Stillness Direction Space</p>	<p>Space Repeat Dance Phrase Improvisation</p>	<p>Dance style Technique Formation Pattern</p>



PE Vocabulary

		<p>Middle End Feelings Body parts Levels Directions Pathways Speed Rhythm</p>	<p>Middle End Feelings Body parts Levels Directions Pathways Speed Rhythm</p>	<p>Gesture Repetition Action and reaction Myth Legend Costume Prop Pattern</p>	<p>Variation Improvisation Unison Canon Action Reaction Motif Phrase Interpret Fundamentals</p>
Athletics	<p>Walk Jog Throw Target Jump Run Hop Skip Fast Pass In pairs</p>	<p>Throw High Low Skip Aim Fast Slow Safely Step Bounce Jump Leap Hop Repeat Run Target Overarm Underarm Walking Jogging Accelerate</p>	<p>Throw High Low Skip Aim Fast Slow Safely Step Bounce Jump Leap Hop Repeat Run Target Overarm Underarm Walking Jogging Accelerate</p>	<p>Sling Pull Distance Sprint Steady pace Accuracy Height Record Joints Rhythm Leading leg Measure Underarm Overarm Heart beat Pulse rate Jogging Walk Hurdles Landing Control</p>	<p>Sprint Team Distance Measure Height Target Pacing Rhythm Obstacles Leading leg Hurdles Throwing Speed Accuracy Take off Stamina Time Projectory Release Performance Accuracy</p>



PE Vocabulary

		<p>Relay Push Take off Landing Evaluate Improve</p>	<p>Relay Push Take off Landing Evaluate Improve</p>	<p>Landing foot Time Stamina Obstacles Stance Diagonal Approach Speed Relay</p>	<p>Distance Target Time Position Measure Control Height Run up Hurdles</p>
Games		<p>Avoiding Tracking a ball Rolling Striking Overarm throw Bouncing Catching Free space Own space Opposite Team Rebound Follow Aiming Speed Direction Passing Controlling Shooting Scoring</p>	<p>Avoiding Tracking a ball Rolling Striking Overarm throw Bouncing Catching Free space Own space Opposite Team Rebound Follow Aiming Speed Direction Passing Controlling Shooting Scoring</p>	<p>Keep possession Keep the ball Scoring goals Keeping score Making space Pass/send/receive Dribble Travel with a ball Back up Support partner Make use of space Points Goals Rules Tactics Batting Fielding Bowler Wicket Tee P</p>	<p>Keeping possession Passing Dribbling Shooting Shield ball Width Depth Support Marking Covering Repossession Attackers Defenders Marking Team play Batting Fielding Bowler Wicket Tee P</p>



PE Vocabulary

				<p>Boundary Innings Rounder Backstop Court Target Net Defending Hitting Stance Offside Pitch Forehand Backhand Volley Overhead Singles Doubles Rally</p>	<p>Boundary Innings Rounder Backstop Court Target Net Defending Hitting Stance Offside Pitch Forehand Backhand Volley Overhead Singles Doubles Rally</p>
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